

1.

Why do we clean the denture, and ideally leave it out of a night, kept dry in a box which had the residents name, and ideally the denture has the residents identification on it.

- A) To remove the biofilm
- B) To let the gums recover
- C) Avoid Decay

Response

- A) Correct. Just like teeth, Dental plaque between our Call the biofilm attaches to the denture. Its unlikely that there is any unhealthy bugs on the baiting surface. There can be a massive accumulation open healthy bacteria on the fitting surface of the denture. So these need to be removed regularly.
- B) Correct. if you have a cut on your skin, you protect the cut to the skin with a plaster. But if the plaster isn't removed, the wound washed and new plaster used the skin becomes red and inflamed. The same happens with a denture. You can end up with the clinical term a "denture sore mouth".
- C) Wrong. clearly the acrylic teeth on a denture can't decay. However, leaving the denture out of the night and removing before you clean any retained natural teeth in the mouth will help prevent further tooth decay avoiding further tooth extractions and needing a new denture.v

2. Why don't we use toothpaste to clean dentures?

- A) It's too expensive
- B) It damages the denture
- C) It whitens the teeth

Response

- A) Wrong. it's confusing with toothpaste as there are a huge variety and range of costs. They are some dentures specific denture cleaning products. Just check that they are suitable if you're using them to clean any metal dentures.
- B) Correct. generally modern toothpaste or less abrasive than from years ago, they still can damage the acrylic from which the denture is made and therefore readily available soap or cleaning gel may be safer to use.
- C) Wrong. whitening toothpastes do not whiten natural teeth, you need a specific whitening gel in a customised tray. Soaking dentures overnight in denture cleaning fluid will eventually whiten the teeth and the gums making the appearance deteriorate more rapidly.

3. What changes are you looking for in the mouth?

- A) Ulcers
- B) Food Debris
- C) Red and White patches

Response

- A) Correct. Most ulcers are due to trauma probably hot food or biting your cheek while eating. However, if they persist it may be something more sinister, or simply a poorly fitting denture. Take a photo last more than three weeks see some professional advice.
- B) Correct. food as well as harmful bacteria can be inhaled rather than ingested. it could cause the resident to choke with severe consequences.
- C) Correct. inside the mouse is still skin and just like the skin on your arm any increase in redness is a sign of inflammation. occasionally you get white patches in the mouth, and these also may need professional advice if they persist to check there is no underlying problem.